

“LOVE ENCOURAGES NEW THOUGHTS”

Sunday	Monday PRAYER DAY	Tuesday FORGIVENESS	Wednesday TIME FOR OTHERS	Thursday THANKSGIVING	Friday FASTING	Saturday VISIT OTHERS
<p>MARCH 11 4TH SUNDAY OF LENT How will you show in action that you prefer light to darkness, truth to untruth and life to death?</p> <p>Jn. 3:14-21</p>	<p>MARCH 12 PRAY FOR THOSE APPEARING FOR EXAMS If one is able to go beyond the action to the person of Jesus, then one will also be able to see who God is: God with us, for us and in us.</p> <p>Jn. 4:43-54</p>	<p>MARCH 13 LET GO OF ANY OLD ENMITY The miracle thus calls each of us to give up the blindness of our heart and the lameness of our mind and the paralysis of our spirit and to focus on the positive of God’s unconditional healing and love made visible in Jesus.</p> <p>Jn. 5 : 1--16</p>	<p>MARCH 14 TIME FOR YOUR NEIGHBOUR HELP WITH SHOPPING, PAYING BILLS Jesus revealed the Father through all that he said and did. Will you reveal Jesus by what you say and do today?</p> <p>Jn. 5 : 17 - 30</p>	<p>MARCH 15 WITNESS TO GOD’S LOVE BY DOING ONE GOOD DEED FOR ANY OTHER PERSON Do you believe in Jesus? How will you show that you are a “believer”?</p> <p>Jn 5:31-47</p>	<p>MARCH 16 STATIONS OF THE CROSS BE STILL AND LISTEN TO GOD FOR 5-10 MINS. if we decide in advance how God must come, then there is the danger that we might miss him and not be aware of his presence.</p> <p>Jn 7 : 1-2, 10, 25-30</p>	<p>MARCH 17 VISIT A SICK RELATIVE/ FRIEND Jesus will always remain bigger than anything that we can ever imagine. Our most intimate encounters with him must make us realize this.</p> <p>Jn 7 : 40-53</p>
<p>MARCH 18 5TH SUNDAY OF LENT LOVE GOD, ATTEND MASS WATCH A LENTEN MOVIE You are the grain of wheat in today’s Gospel. Will you dare to die to yourself so that you may truly live?</p> <p>Jn. 12:20-33</p>	<p>MARCH 19 JOSEPH HUSBAND OF MARY Though Joseph would have been justified in doing the right thing, here he preferred to do the loving thing? How about you?</p> <p>Mt 1:16,18-21,24a</p>	<p>MARCH 20 Jesus’ coming into the world was not primarily to die but to save. Yet, if this salvation could only be achieved through his death on a cross, then so be it.</p> <p>Jn. 8:21-30</p>	<p>MARCH 21 HELP WITH HOUSEWORK Are you able to experience joy even in the midst of your pain?</p> <p>Jn 8:21-30</p>	<p>MARCH 22 THANKSGIVING - GIVE THANKS FOR YOUR PARENTS As human beings we often set limits on ourselves. While this is bad enough, we often also go further and set limits on God.</p> <p>Jn 8 : 51-59</p>	<p>MARCH 23 STATIONS OF THE CROSS Jesus’ offer of recognizing him in the world is relevant and available even today. The “good works” he inaugurated are on view whenever one goes beyond oneself and reaches out in love and compassion.</p> <p>Jn 10 : 31-42</p>	<p>MARCH 24 VISIT YOUR GRANDPARENTS, SPEND TIME WITH THEM In the final race it is always God who wins, it is always selflessness that come first and it is always love that will overcome.</p> <p>Jn 11 : 45-56</p>
<p>MARCH 25 PALM SUNDAY WHEN IN PAIN, CONTINUE TO LOVE True worship is now on the Cross. Jesus ‘becomes’ Son of God when he spreads his arms in total surrender.</p> <p>Mk. 14:1-15:47</p>	<p>MARCH 26 DO ONE ACT OF SELFLESSNESS FOR SOMEONE Mary recognizes who Jesus is and the fate that awaits him and so acts accordingly. Judas on the other hand has closed himself to the revelation of God in Jesus.</p> <p>Jn. 12: 1-11</p>	<p>MARCH 27 FORGIVE YOURSELF FOR ANY WEAKNESS The final departure of Jesus from the world and return to the Father is seen as a seal of the disciples’ new relationship with God, with him, with one another.</p> <p>Jn. 13: 21-33, 36-38</p>	<p>MARCH 28 TIME FOR YOUR NEIGHBOUR, HELP WITH EASTER SPRING CLEANING While it is true that God remains sovereign, it is also true that we as humans have total freedom and thus must accept responsibility for our actions.</p> <p>Mt. 26: 14-25</p>	<p>MARCH 29 MAUNDY THURSDAY Jesus gives a “New Commandment”. He challenges us to love as he loved, expecting nothing in return and till the very end.</p> <p>Jn. 13 : 1-15</p>	<p>MARCH 30 GOOD FRIDAY STATIONS OF THE CROSS FASTING/ ABSTINENCE Greater love no one has than this; to lay down one’s life for one’s friend.</p> <p>Jn. 18 : 1- 19, 42</p>	<p>MARCH 31 HOLY SATURDAY EASTER VIGIL He is Raised!!! Alleluia!!!</p> <p>Mk. 16:1-7</p>
<p>APRIL 01 EASTER SUNDAY</p>	<p align="center"><u>TRADITIONAL LENTEN DISCIPLINES</u></p> <p>Almsgiving: To give out of our abundance is good and noteworthy, but to give out of our poverty is even more commendable. It is not necessary to give only financial or material aid; one can give of one’s time, talent, energy and love. Prayer: Prayer is defined in a variety of ways: It is talking with God; listening to God; petitioning God; thanking God and so on. However, in all of these our prayer if it is to be efficacious, MUST show itself in action. Fasting: Fasting from food is recommended; since it is an indication that one is dependent wholly on God. However, one can also attempt to fast from anything that is negative and prevents us from encountering God in others. Thus one can fast from resentment; bitterness; anger; jealousy, hate and every kind of negative.</p>					